

Penfield Relays 30-Apr**Sprint Medley Relay**

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|----------------|-------------------|
| Megan Stoutz | sorry... |
| Kate Renna | 71.9 |
| Eily Haeger | 87 100.8 3:07.8. |
| Carlie Gutzmer | 91 98 102 93 6:24 |

4 x 800m Relay:

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|-----------------|----------------------|
| Mary Nichols | 82 90 2:52 pr |
| Shannon Dowling | 96 92 3:08 |
| Eily Haeger | 96 106 3:12 |
| Sam Rapp | 84 91 2:55 |

Medley Relay:

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|-------------------|--------------|
| Megan Stoutz | 83 92 2:55.8 |
| Veronica Goodrich | 89 98 3:07.3 |
| Amanda Hewes | 95 100 3:15 |
| Ashley Ghaemi | 91 98 3:09 |

4 x 200m Relay:

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|-------------------|--------------|
| Brittany Casciano | 30.6 |
| Audrey Valle | 29.4 |
| Kate Zasowski | 34.1 |
| Megan Bednarczyk | 34.6 2:09.7. |

3k

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|-------------------|---|
| Mary Nichols | 88 3:07 4:49 6:31 8:15 10 11:43 12:26 pr |
| Veronica Goodrich | 90 3:13 4:57 6:46 8:36 10:26 12:15 13:10 |
| Ashley Ghaemi | 97 3:24 5:11 7:02 8:54 10:51 12:42 13:37 |
| Kathryn Ritzman | 98 3:25 5:11 7:02 8:54 10:51 12:42 13:38 |

200m:

| | |
|----------------|------|
| Jenny Stolt | 31.5 |
| Stephanie Hare | 32.3 |

Sprint Medley

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|-------------------|------------|
| Jenny Stolt | 31.4 |
| Brittany Casciano | 31.6 |
| Carlie Gutzmer | 74.8 |
| Shannon Dowling | 89 92 3:01 |

4 x 400m Relay:

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| Kate Renna | 70 |
| Sam Rapp | 70.9 |
| Megan Bednarczyk | 70.3 |
| Tylyn Martin | 69.7 4:41 |

Shot Put:

| | Shot | Disc |
|-------------------|-------------------|------------------|
| Sophia Pappalardo | 23' 11" | 53" 7" |
| Khadija Fong | 23' 7" | 61' 3" pr |
| Eileen Pelky | 17' 7" | 45' 3" |
| Ashlee Brownell | 20' 1" pr | 45' 1" pr |
| Lacey Davenport | 20' 11" pr | 57' 1" pr |
| Teresa Lopez | 23' 7" pr | 51' 2" |