

## **Fairport Defeats Irondequoit 103 to 33 in Division I Track & Field competition**

March 31<sup>st</sup>, the earliest Fairport track & field has had a league meet in decades, defeated Irondequoit 103 to 33 at FHS. Coming off their Section V Championship indoors, the seasoned veterans were excited to see how the next edition of Fairport track & field team, including many new faces, would fare against a league opponent.

Leading the way were captains Emily Renna, Lauren Burke, Loren and Renee Metzger, Julia Sanger, Angie Zabloutny and Michelle Barnum, along with Janessa Mathews. Also joining the highly experienced veterans were new-comers Amanda Burkey and Erin Sedita.

Emily Renna, coming off her Sectional championship indoors in the 55m hurdles, 2<sup>nd</sup> place at the State Qs and semifinal effort at the NYS Championships, glided easily to a sensational 14.9 effort in the 100m hurdles. She won in a new personal best, and said afterwards, "when I heard my time I was so surprised; it was more than a second faster than I had ever done before." Emily's 14.9 is 2<sup>nd</sup> best to Lystra Barthemey's 14.27 in her state champion season fourteen years ago in the Fairport record book. Not to be outdone on the track, Renna also established a new best in the triple jump with 35' 11.5" to easily surpass what she did indoors, qualifying for the NYS Championships in that event. She led her teammates to a sweep in that event: freshman Amanda Burkey, 32' 11", and Janessa Mathews, 32' 7", which was also a personal best. Mathews also was 2<sup>nd</sup> in the 100m hurdles with 16.6 and 3<sup>rd</sup> in the pole vault. The hat trick of individual winning events for Renna would be the long jump, leading the competition with 16' 6", which also paced her two teammates, Mathews—15' 8.5", another personal best; and Burkey—15' 2" for another sweep. Renna's fourth event, the 4 x 100m relay, along with Alex Mastrosimone, Julia Sanger and Lauren Burke, won in 52.6. "Emily's day was about as good as I can ever remember a Fairport field athlete having in the quarter century I've coached at Fairport, and certainly the best opening meet of any season," said head coach Rick Guido

Lauren Burke did her usual splendid job in the running events by winning the 100m in 12.5, the 200m in 26.3 and running a quick anchor in the 4 x 100m relay. "Those times Lauren ran for her were solid and what we are used to, but for almost anyone else, they would be career bests," said Guido.

Angie Zabloutny ran a personal best in the flat 400m, 62.6, to easily win the event, and Michelle Barnum likewise, easily won the 400m hurdles in a brisk 68.3 with Zabloutny 2<sup>nd</sup> in 71.7. Both ran legs in the winning 4 x 400m relay, along with Erika Schwarts [a freshman] and Ally Martens, another veteran. Their time was 4:33.2.

Loren Metzger won the discus in 89' 10" with Renee Metzger, her older sister by a few minutes, finished 2<sup>nd</sup> with 84' 10" while in the shot put, they reversed their order, with Renee winning in 31' 4.5" a new personal best and Loren was 2<sup>nd</sup> with 28' 6".

Julia Sanger, another senior captain, finished 2<sup>nd</sup> in the 100m with a very quick, 12.9, only the 4th Fairport runner under the 13 second barrier at the century distance in the last decade. Sanger also finished 3<sup>rd</sup> in the 200m with a 28.2.

"Newcomers" joining the veterans would include freshman Amanda Burkey—and what a day she had: Placing in four-field events in her initial high-school competition was quite an achievement, not seen in these parts before. Burkey placed

2<sup>nd</sup> in the triple jump, 3<sup>rd</sup> in the long jump, 2<sup>nd</sup> in the high jump, 4' 10", and 2<sup>nd</sup> in the pole vault, 6' 6". Also performing quite well was 8<sup>th</sup> grader, Erin Sedita, who won two events, the 1500m in a fast, 5:09.9, which also qualified her for the Monroe County Championships, and the 3000m with a time of 12:10. Finishing 3<sup>rd</sup> in the 1500m was sophomore Jane Rosenthal, 5:12.3, which also met the qualifying standard for the County Championships; and she also placed 3<sup>rd</sup> in the 800m with 2:39.9. Carly Lenhardt, another freshman, finished 2<sup>nd</sup> in the 3000m in 12:20.

Another new comer to track was junior Alex Mastrosimone, who finished 3<sup>rd</sup> in the 400m.

The captains of the 2010 Fairport girls track & field team are: seniors Julia Sanger, Michelle Barnum, Cindy Nagel, Renee and Loren Metzger; and juniors Emily Renna, Lauren Burke and Angie Zabloutny.

The coaches of the 2010 edition of Fairport Girls track & Field are Rick Guido, girls head coach, with Matt Carpenter and Mike Van Auker, the jv coaches, along with Gary Wood, assistant, Ken Schaumberg, the boys head coach and Sean Van Laeken, the jv coach. Dave Rappleyea is the volunteer assistant coach.