

Fairport runs over Penfield, improves to 4-0 in league competition

In a projected tight battle against arch-rival Penfield, Fairport braced the winds gusting to 25 miles per hour, to defeat Penfield 93 to 48 at their new state-of-the-art-facility. The battle with Penfield, one of the few programs to defeat Fairport in track over the years in league competition, looked to be a tight struggle, especially considering Penfield won the His & Her Invitational three days before, scoring 90 points against a field of 32 schools. “we felt our girls came to compete and the results would speak for themselves despite adverse weather. We knew Penfield had some key athletes, prominently placed high on the Section V Leader board, but the order of events prevented them from competing in some back-to-back events; we knew we could manipulate our line-up to our advantage,” said Coach Rick Guido.

As has been the routine in most of the competitions this season, Emily Renna and Janessa Mathews got the team off to a good start with a first and second in the 100 meter hurdles, an 8-1 scoring advantage. The 100 meters, a strong event for Penfield proved to be just that with Lauren Burke finishing 2nd, a 3-6 advantage to Penfield. The 400 meters, a perennial strong event for Fairport, proved true again with Rachel Brekovsky, Angie Zabloutny and Allie Martens sweeping the event, a 9-0 advantage for Fairport. The 1500 meters, a dominant six points of nine for Penfield, witnessed Fairport’s Erin Sedita take a 2nd place. The 400m hurdles, another strong event for Fairport, had the visiting team take eight of nine points with Angie Zabloutny and Rachel Brekovsky, a first and 2nd with Brekovsky dipping at the line just enough to take the place .03 second ahead of the Penfield runner. At this point, Fairport took 28 of 42 points.

The field events would prove decisive for Fairport: the triple jump was a 6-3 split with Emily Renna and Amanda Burkey placing 1st and 3rd; the long jump was the odd event with Janessa Mathews and Amanda Burkey taking the 2nd and 3rd—Emily Renna fouled on her three jumps; the shot put was another 6-3 split with Renee Metzger and twin Loren taking the 1st and 3rd; The discus was similar but the placement was better, an 8-1 split with Loren and her twin, Renee, taking the top two places. Amanda Burkey took a 1st in the pole vault as well as a first in the high jump, 5’ 3”, a [personal best](#) and ties the 3rd best height this season on the Section V Leader Board. The point spread was 35 of 52 points for Fairport.

The last six events would continue the trend witnessed throughout the meet: the 800 meters Erin Sedita and Lauren Star took control of the race and grabbed six of the nine points, a 1st and 3rd; the 200 meters would be a 1st place for Fairport with Lauren Burke and the 3000 meter run would be a 3rd for Fairport with Jane Rosenthal, a season’s best of 11:32.40—Carly Lenhardt was the next place back in a best of 11:53.1. The three relays would all go Fairport’s way with the 4 x 100m, Emily Renna, Julia Sanger, Casey Slabe and Lauren Burke winning in 52.14; the 4 x 400m would come down to the end with a sew-saw-swing between Penfield and Fairport:---on the relay were Ally Martens, Emma Dustman, Erika Schwartz and the anchor, Lauren Star. At the 1500 meter point of the relay, Lauren Star took the lead and move decidedly ahead of her Penfield adversary; she ran a 62.9, a [person best](#). “This is what we have come to realize with Lauren Star—especially in a relay—when it’s on the line, she rises to the occasion and as we have seen her do before-- she is incomparable,” said Coach Rick Guido. The last event, the 3200 meter relay, a very strong event for Penfield--the leader on the Class AA Leader Board-- was not nearly the battle anticipated with Rachel Brekovsky,

Angie Zabloutny, Erin Sedita and Lauren Burke running away with a comfortable win, 10:38, a season's best for Fairport. In the end, the last six events 27 of the 42 points were earned by Fairport, the leader of Division I of the Monroe County League.

The HFL Twilight Invitational, held three days later would be a low-key affair with Fairport competing against Byron Bergen, Pavilion, and HFL. The throwing events would be a Fairport team affair with a 1st, 3rd, 4th and 5th in the shot put as would be the discus with a 1st, 3rd, 5th and 8th: Renee and Loren Metzger led the way with Anna Boudrey and Kristen Rice exchanging places in the two events. Amanda Burkey continued her hot high jumping on a cold night with another 5' 3" clearance. Tylyn Martin and Katie Renna reached 4' 6", matching their best ever jumps over the horizontal bar. The 2000m steeple chase, the cross country event run on the track, saw Erin Sedita [7:50.1, 3rd in the Class AA leader Board ranking], Jane Rosenthal [8:02.9, 5th ranked] and Gwen Hoffmann [8:27.8, 12th ranked] all qualify for the County Championships and also the Section V Championships.

It was a job well done.

The new name that sits atop the Section V Leader Board in the pentathlon event is Janessa Mathews, the defending Monroe County and Section V Champion with 2,584 points, [a new personal best](#). In establishing a new personal best, Mathews, along the way over the two days of the competition, set four-event bests, one of which was a [personal best](#), 16.2, in the 100m hurdles, an all time best.

Emily Renna won the triple jump [34' 3.75"], the 100 meters [13 seconds] and was on the winning 4 x 100 meter relay [Julia Sanger, Casey Slabe and Lauren Burke], which set a season's best of 51.6. Lauren Burke won the 2nd fastest 400 meters [59.7] in Section V this season. The 4 x 400 meter relay of Rachel Brekovosky, Ally Martens, Erika Schwartz and Emma Dustman finished first in 4:28.1. The 4 x 800 meter relay team established a season's best of 10:15 with Rachel Brekovosky, Lauren Burke, Jane Rosenthal and Erin Sedita, the lead leg who established a personal best of 2:24.0.]

Other noteworthy performances were accomplished by Ally Martens in the 200 [28.8], and Jane Rosenthal [66.3, a [personal best](#)], Emma Dustman [2:38.8], Erika Schwartz [2:49.6] and Sam Rapp [2:50.8] in the 800 meters, all established [personal bests](#). Also setting a [personal best](#) in the 2nd 4 x 400m relay was Megan Bednarczyk, 67.5. Bednarczyk caught everyone's attention, especially the starter Lance Bush, when she sprinted the last 25 meters of the leg she was running, stride for stride with an HFL runner, to move slight ahead at the exchange only to tumble to the ground doing a roll---but with the presence of mind to throw up her thumb as she landed, allaying fears she had hurt herself. To say everyone thought that gesture very special would be an understatement—a round of cheers went up with that thumb gesture.