

Athlete	Event(s)	200m	400m	600m	800m	1000m	1200m	1400m	1500m	1600m	Avg. 200m	Avg. Mile	Place
Julia Sanger	4x200m	28.07	-	-	-	-	-	-	-	-	28.07	3:44.56	3
		-	-	-	-	-	-	-	-	-			
Michelle Barnum	4x200m	28.44	-	-	-	-	-	-	-	-	28.44	3:47.52	3
		-	-	-	-	-	-	-	-	-			
Ashton Hughes	1500m	00:41	01:22	02:05	02:47	03:30	04:13	04:54	5:13.74	-	41.83	5:37.35	1
		41.45	41.00	42.44	42.04	43.41	43.02	40.91	19.47	-			
Veronica Goodrich	1500m	-	-	-	-	-	-	-	5:35.93	-	44.79	6:01.22	16
		-	-	-	-	-	-	-	-	-			
Kevin Jablonski	1600m	00:35	01:10	01:47	02:22	02:58	03:35	04:11	-	4:47.45	35.93	4:47.45	11
		34.74	35.47	36.35	35.15	36.77	36.42	36.27	-	36.28			
	4x800m	00:31	01:03	01:37	2:12.82	-	-	-	-	-	33.21	4:25.64	6
		31.07	31.48	34.24	36.03	-	-	-	-	-			
Matt Stoutz	1600m	00:34	01:09	01:46	02:25	03:04	03:44	04:23	-	5:00.91	37.61	5:00.91	27
		34.06	35.26	36.94	38.25	39.50	40.12	39.13	-	37.65			
	4x800m	-	01:09	01:49	2:25.22	-	-	-	-	-	36.31	4:50.44	6
		-	-	39.56	36.66	-	-	-	-	-			
Lauren Burke	600m	00:33	01:06	1:40.14	-	-	-	-	-	-	33.38	4:27.04	1
		32.63	33.11	34.40	-	-	-	-	-	-			
Angie Zablony	600m	-	01:10	1:46.98	-	-	-	-	-	-	35.66	4:45.28	5
		-	-	36.55	-	-	-	-	-	-			
	4x200m	27.98	-	-	-	-	-	-	-	-	27.98	3:43.84	3
		-	-	-	-	-	-	-	-	-			
Rachel Malone	600m	-	01:10	1:47.22	-	-	-	-	-	-	35.74	4:45.92	6
		-	-	36.79	-	-	-	-	-	-			
	4x200m	30.69	-	-	-	-	-	-	-	-	30.69	4:05.52	3
		-	-	-	-	-	-	-	-	-			
Rachel Sanger	600m	00:37	01:15	1:55.33	-	-	-	-	-	-	38.44	5:07.55	20
		37.35	37.64	40.34	-	-	-	-	-	-			
Lauren Star	600m	00:36	01:14	1:56.96	-	-	-	-	-	-	38.99	5:11.89	24
		36.23	37.85	42.88	-	-	-	-	-	-			
Emma Dustman	600m	00:36	01:15	1:59.09	-	-	-	-	-	-	39.70	5:17.57	30
		36.27	39.00	43.82	-	-	-	-	-	-			
Megan Stoutz	600m	00:41	01:24	2:09.71	-	-	-	-	-	-	43.24	5:45.89	66
		40.66	43.75	45.30	-	-	-	-	-	-			

Ashley Ghaemi	600m	00:41	01:24	2:11.05	-	-	-	-	-	-	43.68	5:49.47	69
		40.66	43.06	47.33	-	-	-	-	-	-			
Cameron Johnson	600m	00:28	00:55	1:29.30	-	-	-	-	-	-	29.77	3:58.13	5
		28.12	27.32	33.86	-	-	-	-	-	-			
Ian Steltmann	600m	00:30	01:01	1:31.67	-	-	-	-	-	-	30.56	4:04.45	8
		30.16	30.70	30.81	-	-	-	-	-	-			
Simon Ghebroldi	600m	00:29	00:59	1:32.83	-	-	-	-	-	-	30.94	4:07.55	12
		29.23	30.11	33.49	-	-	-	-	-	-			
Matt Spitzer	600m	00:30	01:01	1:33.13	-	-	-	-	-	-	31.04	4:08.35	13
		29.86	31.05	32.22	-	-	-	-	-	-			
Alex Gilmore	600m	00:30	01:01	1:35.18	-	-	-	-	-	-	31.73	4:13.81	20
		30.34	30.31	34.53	-	-	-	-	-	-			
Jane Rosenthal	1000m	00:36	01:13	01:54	02:37	3:20.31	-	-	-	-	40.06	5:20.50	5
		36.06	37.19	40.56	43.38	43.12	-	-	-	-			
Justin Green	1000m	00:29	00:59	01:33	02:14	2:51.84	-	-	-	-	34.37	4:34.94	3
		28.63	30.32	34.50	40.11	38.28	-	-	-	-			
Sean Reid	1000m	00:36	01:14	01:54	-	3:18.87	-	-	-	-	39.77	5:18.19	35
		36.00	38.00	40.00	-	-	-	-	-	-			
Jake Norris	1000m	00:42	01:23	02:10	02:59	3:38.87	-	-	-	-	43.77	5:50.19	52
		42.00	41.00	47.00	49.00	39.87	-	-	-	-			
Adam Staveski	4x800m	00:32	01:08	01:45	2:23.62	-	-	-	-	-	35.91	4:47.24	6
		32.25	35.34	37.53	38.50	-	-	-	-	-			
Jack Scott	4x800m	00:32	01:09	01:50	2:30.33	-	-	-	-	-	37.58	5:00.66	6
		32.19	36.84	40.95	40.35	-	-	-	-	-			

